

East Nepean Picture Day Saturday May 22, 2010

Where: Eagles Nest, Longfields Drive, Barrhaven

If raining: 2nd Floor, Walter Baker Sports Center, 100 Malvern Drive, Barrhaven

All players should be dressed in their uniform and ball cap. No equipment needed.

Please bring the picture form whether ordering or not.

Blastball Division											
Photographer #1	10:00	Cardinals	10:10	Astros	10:20	Athletics	10:30	Blue Jays	10:40	Braves	
Photographer #1	10:50	Dodgers	11:00	Eagles	11:10	Giants	11:20	Reds	11:30	Tigers	
Rookie Division											
Photographer #1		Canadian	15:30	Black Eagles	15:40	Buccaneers	15:50	Celtics	16:00	Grey Eagles	
Photographer #1	National East		14:50	Athletics	15:00	Buccaneers	15:10	Eagles	15:20	Gothams	
Photographer #1	National West		14:10	Athletics	14:20	Celtics	14:30	Dodgers	14:40	Gothams	
Photographer #1		Provincial	12:40	Buccaneers	12:50	Celtics	13:00	Marlins	13:30	Mets	
Minor Division											
Photographer #2	Canadian	12:50	Athletics	13:05	Buccaneers	13:20	Celtics	13:35	Gothams		
Photographer #1	National	11:50	Athletics	12:00	Buccaneers	12:10	Celtics	12:20	Gothams	12:30	Mets
Major Division											
Photographer #2	Canadian	10:25	Athletics	10:40	Buccaneers	10:55	Celtics	11:10	Gothams		
Photographer #2	National	11:25	Athletics	11:40	Buccaneers	12:05	Cardinals	12:20	Celtics	12:35	Gothams
Junior Division											
Photographer #2				Canadian	14:20	Athletics	14:35	Gothams			
Photographer #2		National	14:50	Blue Jays	15:05	Buccaneers	15:20	Celtics	15:35	Dodgers	
Senior Division											
Photographer #2			15:50	Athletics			16:05	Buccaneers			

Hit / Run / Throw Competition

As part of picture day, we will be hosting a Hit Run and Throw competition for our teams from Blastball up to Major at the Eagles Nest.

- HIT** How far can you hit a ball off a tee in the air?
- RUN** How fast can you run the bases?
- THROW** How far can you throw a ball on a straight line?